



## UN World Toilet Day - 19 November

Billions world wide lack safe sanitation — a sobering thought next time you're having a sit!



## Shed Garage Sale

Attractive hand made Xmas decorations and other goodies Nov 16. See page 10.



## Remembrance Day

Marks the end of World War I and honours Australians who served. See page 6.



# HEADS NEWS

Shoalhaven Heads Community Newsletter produced by a local for the locals

Christmas Light Competition See Pg 11

November 2025

Established 2004

Volume 21 - Issue 11

# POOL OPENING DELAY



The Heads mermaids at the 2022 pool opening

The pool when the Bum Tree was installed just over 10 years ago

The Shoalhaven Heads pool has long opened in early November, but this year residents were surprised to find the start of the swimming season pushed back to 29 November, almost four weeks later than usual. The change appeared without consultation, even though an early-November opening had been advertised throughout winter.

The frustration has been amplified by comparisons with other village pools. Berry, Kangaroo Valley and Greenwell Point will all open on Saturday 1 November, the first weekend of the season. Shoalhaven Heads has traditionally followed the same schedule.

Dave Schofield from the Heads Surf Club said the decision makes little sense for a community that depends on its pool.

"The Council website had the pool opening in the first week of November, the same as Berry, Greenwell

Point and Kangaroo Valley," Dave said. "Then it suddenly changed to the 29th with no explanation. There's been no consultation at all."

He said the delay affects many groups in the community, including older residents who use the pool for gentle exercise and surf-club nippers who need to complete swimming tests before the patrol season.

"It means people have to travel to Bomaderry or Berry just to do things we should be able to do here," he said.

Clr Selena Clancy has taken up the issue, lodging a Notice of Motion for the 11 November Council meeting seeking to open the pool two weeks earlier and close two weeks later next season. Her proposal would set the 2025-26 season from 14 November 2025 to 29 March 2026, extending the current schedule by four weeks.

"The community has been very reasonable about

this," Councillor Clancy said. "The Heads pool has opened in early November for years. We just want to keep it consistent with the other villages."

Council staff are preparing a costing for the extended season, estimated at around \$19,000, and are considering practical options for managing staffing and costs. Councillor Clancy has also asked for an investigation into non-patrolled pools, so smaller communities like Shoalhaven Heads can operate longer seasons without full-time lifeguards.

Although the pool was built by Council in 1972, its care and character have always reflected the local community. The colourful mural painted by Shoalhaven Heads artists in 2015 and the surrounding trees planted by volunteers have made it a place of shared pride — and for many, the heart of summer in the village.

Heads News

We live here, work here, and sell here...

How can we help you this Summer?

**Raine & Horne**  
02 4448 7171







# HEADS NEWS

The HEADS NEWS is brought to you by Tania Skelton and Mike Howard. For info about advertising or supplying editorial please contact Tania or Mike:

**Phone:** 02 4448 7833 **Email:** tania@headsnews.com.au

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## DEFIBRILLATORS IN SHOALHAVEN HEADS

Surf Club	Ampol Service Station	Shoalhaven Medical
Golf Club	St Peter's Church	Centre
Bowling Club	Tennis Clubhouse	Outside Chinese
Mountain View Resort	Council Swimming Pool	Restaurant
Coastal Palms	Holiday Haven	River Retreat
Tall Timbers	Caravan Park	Community Centre
Rural Fire Service	Dr Salauddin Surgery	Heads Hotel

## DATES FOR YOUR DIARY

<b>Community Forum</b>	<b>Red Cross</b>
Bowling Club 7pm Wed Nov 5	Bowling Club 1:30pm Tue Nov 11
<b>Fire Brigade</b>	<b>RSL Sub Branch</b>
Fire Shed 7pm Mon Nov 17	Bowling Club 4pm Mon Nov 3
<b>Lions</b>	<b>Social Hub</b>
Bowling Club 7pm Tue Nov 11	Community Ctr 10am Mondays
<b>Probus</b>	<b>VIEW Club</b>
Bowling Club 10:30am Fri Nov 14	Bowling Club 5:30pm Mon Nov 10

## IMPORTANT PHONE NUMBERS

Police Assistance Line	131 444	Kids Help Line	1800 551 800
Police/Ambulance/Fire	000	Shoalhaven Hospital	4421 3111
Poisons Information	13 11 26	Marine Rescue	4447 4466
State Emergency Service	132 500	Nowra Police Station	4421 9699
Wildlife Rescue	0418 427 214	Lifeline	13 11 14

## ESSENTIAL SERVICES

Dentist	4464 1055	Dr M. Salauddin	4448 7398
58 Queen St Berry		Dr H. Muttaqi	4448 7398
Dr Zameer Panju	4448 7105	106 Shoalhaven Heads Rd	
112 Shoalhaven Heads Rd			

# MOW MAKING THE MOST OF ITS KITCHEN UPGRADE

There are smiles all around at the Meals on Wheels kitchen following a much needed upgrade to its equipment.

"Our volunteers are producing 100 more meals per month compared to the previous year due to increased demand, and prior to the upgrade we were just using domestic equipment like electric frypans to do it," says Shoalhaven Heads MoW President Deb Gately.

"The new professional equipment has a much bigger capacity, and we are still getting over how easy it is to use."

The \$23,500 upgrade was made possible by a \$8,500 grant from the Bowling Club, with the rest funded by dipping into the organisation's reserves that had been accumulated over the years.

"It was a big decision to do this, but the committee decided the benefits were worth it," says Deb.

"The old gas oven and hot plates have been replaced with a much more efficient turbo oven and state of the art induction hotplates.

"And the multiple electric frypans have been replaced by something called a bratt plan - a heavy duty commercial cooking appliance with a deep rectangular pan that can perform multiple cooking functions like



frying, braising, boiling and steaming."

The next big capital expense will be replacing the walk-in freezer.

"We've been keeping it running with banded solutions, but have been told that it is on its last legs," says Deb.

"We are busy saving all we can and applying for grants to make this happen next year. We are very appreciative to have been chosen as one of the beneficiaries of the fishing clubs' raffle and Charity Day, and will be putting this donation towards the new freezer."

Meals on Wheels always welcomes more volunteers. If you are interested in finding out more, contact Viv on 0413 290 869

Cathy Law

# COUNCIL ADOPTS RIVER MANAGEMENT PLANS — BUT DEBATE CONTINUES OVER FLOOD TRIGGERS

Shoalhaven City Council has formally adopted both the Shoalhaven River Entrance Management Policy (EMP) and the Lower Shoalhaven River Coastal Management Program (CMP) at its meeting on 28 October 2025, bringing years of policy work to a close — though debate continues about how flood risks are managed at Shoalhaven Heads.

Both documents were carried unanimously.

The EMP sets out how Council will respond to river and entrance conditions during flood and low-flow events, while the CMP covers broader management of the lower river and estuary.

As part of the vote, Councillors agreed to remove the proposed "Living Foreshore" project from the CMP before submitting it to the NSW Government for certification.

Councillor Selena Clancy said she was pleased to see the plans progress but acknowledged the strong local interest in how the river is managed.

"This has been a long process," Councillor Clancy said. "The EMP and CMP both passed unanimously, and removing the Living Foreshore project reflects what the community has been saying for some time."

She confirmed that a five-year mangrove-removal permit for Shoalhaven Heads is in progress and said she expected further updates from Council staff shortly.

Robyn Flack, a member of the Shoalhaven Heads Estuary Taskforce, submitted a written deputation supporting adoption of the EMP but outlining serious reservations.

"The community who endures the effects of regular flooding will be extremely disappointed in the outcome of this review," Robyn wrote.

She argued that the modelling used to set the current mechanical-opening trigger levels — 3 metres AHD at Nowra and 2 metres AHD at Shoalhaven Heads — does not reflect what actually happens during floods

when the entrance is open.

Her deputation included data showing lower flood peaks when the entrance is open, and urged Council to consider those real-world observations in future reviews.

At the meeting, staff noted that the new EMP includes built-in flexibility, allowing field conditions and forecasts to guide decisions rather than relying solely on modelled trigger levels.

That reassurance has been welcomed cautiously in Shoalhaven Heads, where many residents say the proof will be in the pudding when the next major rain event tests how those provisions are applied.

Despite her concerns, Robyn thanked Council's flood-management staff — particularly Mark Stone — for their willingness to engage with the community and described the final policy as "the best of the worst options" given the modelling constraints.

Councillor Clancy said adoption of both documents allows Council to move into the implementation and monitoring stages, and that community feedback will continue to inform that work.

"This is not the end of the conversation," she said. "There will be opportunities for ongoing review as more data becomes available."

While the adoption marks a milestone for Council, discussion around flood-trigger levels, entrance management and river health is set to remain a central issue for Shoalhaven Heads residents for some time yet.

Heads News

## AT A GLANCE — RIVER PLANS

- Council adopted EMP & CMP unanimously
- Living Foreshore removed from CMP
- EMP allows earlier/different actions based on conditions
- 5-year mangrove-removal permit progressing



# Slip Slop Slap



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# SHOALHAVEN HEADS 2026 CHARITY DAY

Organised by Heads Fishing Club & SHBRC Fishing Club

## IN THE GARDEN AT HEADS BOWLO

### SATURDAY JAN 3RD 11AM



Live entertainment  
by Red Cassette

Live auctions all day  
+ other promos

BBQ | Hot Dogs | Ice Cream | Coffee Van | Bar

**FOR THE KIDS** SLSC Rubber Duck | Marine Rescue  
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The Shack – Shoalhaven Apex Cottage for Kids  
Shoalhaven Heads Surf Life Saving Club  
Shoalhaven Heads Meals on Wheels  
Marine Rescue Shoalhaven  
Shoalhaven Heads RFS

### OVER \$16,000 IN RAFFLE PRIZES

- 1<sup>st</sup> Prize** Stacer 379 Territory Striker Boat Package
- 2<sup>nd</sup> Prize** Fishing Kayak
- 3<sup>rd</sup> Prize** Honda HRU19 Lawn Mower
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# HEADS RURAL FIRE BRIGADE



Smoke sighting from town



And the damage up close with the National Park in the background



MVA on Terara Road



Grass fire in Tindalls Lane

Hi Everybody. The Brigade rolled on 14 different jobs this past month, the first of note had the potential for very serious ramifications.

## Smoke sighting from town

We, along with Brigades from Broughton Vale, Beaumont and Gerringong attended a smoke sighting on Coolangatta Mountain.

A resident had lit several small Piles of native vegetation, on relatively well prepared land. Imagine their horror when fire escaped one pile, igniting the grassland and proceeding uphill, in the direction of the National Park.

We arrived to find the homeowners working feverishly to contain the fire, using buckets and rakes. With the aid of the other Brigades, we relayed water from Fire Truck to Fire Truck some 60 metres up the hill to extinguish the fire and black out the whole area.

It is a legal requirement to apply for a Permit to light a Pile – all year round. During the Bushfire Danger Period, any Pile in our area is to be inspected by an RFS Fire Permit Officer before a Permit can be issued.

Please, if you're not sure, visit "Notify us of your planned burn" on the RFS web page or call us.

## MVA on Terara Road

A few days later, there was a single Vehicle Accident where an SUV had run off Terara Road. Fortunately it was not a "high speed" incident and no one was injured, which was lucky considering the size of the trench on the northern side of the road. With Greenwell Point Brigade, we helped manage the traffic and made safe a minor spillage while the vehicle was recovered.

## Grass fire in Tindalls Lane

Just before lunch on Tuesday, we responded to a Grass fire in Tindalls Lane, Berry. Our Cat1 teamed up with units from Broughton Vale and Gerringong RFB to contain the fire in next to no time.



The District Manager with the 5 SHRFB Citation recipients

## Illowra Hazard Reduction

In the middle of last month, we sent a crew on the Cat 1 to assist with the Illowra Hazard Reduction at Hyam's Beach. Six other Brigades attended where a low intensity burn was successfully conducted over 3ha, adjacent to residences.

Recently, five of our members were presented with citations from the RFS Commissioner for services rendered during the 8 day Manildra Silo fire of May 2024. You may recall 600t of product was smouldering in a 1350 cubic metre grain silo. This silo was located adjacent to similar sized silos.

Fearing an explosion, the site was evacuated of non-essential staff and an exclusion zone was established. RFS members contributed to 120 firefighter shifts over 6 days, working alongside FRNSW personnel to achieve containment.

The citation read in part, "The Shoalhaven District

and Fire and Rescue NSW Region South 1 are awarded the "Commissioner's Certificate of Commendation (Unit)" in recognition of the collaborative, professional and considered approach to emergency response and management by our NSW firefighting agencies."

If you're interested in any aspect of Brigade business please contact our Captain, Stephanie Judge on 0412425567.

Stay safe, Geoff Parker

## EXHIBITION

An exhibition at the Heads Community Centre, of the work of Wanda Metcalfe of Poster tickets. It will run for the month of November.



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**Australia  
Post**

## PUSH GROWS TO RESTORE SHOALHAVEN HEADS POST OFFICE

The loss of the Heads Post Office has left residents frustrated and increasingly vocal about the need for a local postal service.

The Shoalhaven Heads Lions Club has launched an online petition at [change.org](https://change.org), urging Federal Member for Gilmore Fiona Phillips to lobby the Ministers for Finance and Communications to restore postal services in the village.

"The lack of a post office in our village is causing stress and financial strain," the petition reads. "We can't pay bills, withdraw cash or send parcels. It is particularly hard for residents who have no transportation or mobility issues. For those with transport, there is the burden of time and fuel costs."

The petition highlights Australia Post's Customer Service Charter, which promises "trusted, relevant

and reliable services that connect all Australians." The Lions Club says that commitment is not being met in Shoalhaven Heads, and that older residents and those without transport have been hit hardest.

The group is calling for "workable opportunities for a postal service to operate in Shoalhaven Heads", noting that other regional areas have found alternative models that allow postal agencies to operate successfully in smaller towns.

Councillor Selena Clancy said she had spoken with residents, small businesses and accommodation providers who are all being affected.

"It's not just inconvenient," Councillor Clancy said. "For many it means extra travel, lost time and added costs, especially at the busiest time of the year."

Councillor Clancy has written to Fiona Phillips, asking her to raise the matter with Australia Post and fed-

eral ministers. She said she fully supports the Lions Club's initiative and will work with both Australia Post and the Federal Member to explore every possible solution.

Residents have already begun sharing their views on the petition site:

- "A post office is a key service for communities and the in-person interactions also contribute to connection and wellbeing."
- "We need the post office."
- "The post office is vital for this community."

With the Lions leading the campaign and growing local support, momentum is building for a way to restore postal services in the Heads.



Scan the QR to sign the petition

Heads News



## LIONS CLUB

October proved to be a busy time for our club.

On Saturday 4th October the Shoalhaven Heads Lions Club attended the Kismet extravaganza at the Community Centre where we sold sausage sandwiches, hot dogs and drinks.

In that same week we ran the Board of Director elections at the Heads Bowling and Recreation Club which concluded with the AGM on Sunday 12th October.

Once the school holidays concluded we recommenced the HUB at the Community Centre every Monday from 10am to 12:30pm. This continues to be well attended and gives locals the opportunity to meet and chat whilst enjoying morning tea provided by members of the Lions and what we refer to as 'friends of Lions', many of whom ultimately join our club.

Our October meeting was attended by District Governor David McKenna who addressed the meeting

and outlined his vision for Lions. David's brief speech was enlightening and uplifting. His aim is to be audacious and impactful and wants to make Lions meaningful to the community by following the Lions motto of Lead to Serve and Serve to Lead.

Leading up to Christmas we plan to run a raffle and sell the very popular Lions Christmas cakes. If you see us around the Heads at various venues, please come and buy a raffle ticket (or two) and a Christmas cake.

On Sunday 7th December we will be running a BBQ at Bunnings South Nowra so drop in and buy a snag sandwich if you are their doing some shopping.

Like many other members of our community the entire membership of our Club is disappointed with the recent closure of the Post Office. As such Lions have



decided to run a petition asking MP Fiona Phillips to lobby Australia Post to provide a service in the village. This will be available to sign at various localities around the Heads. We will be sending the petition to Fiona mid-November.

Our next meeting will be held on Tuesday 11 November at the Bowling Club at 7pm. We normally meet in the Coolangatta room and if interested in learning more about Lions please feel free to come along and join us.

Rob Russell - President



## What's On at Heads Bowlo

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**LIVE PRO  
WRESTLING  
AT THE  
HEADS  
BOWLO  
NOV 15TH  
ALL AGES  
minors must be  
accompanied**

**LIVE PRO WRESTLING  
COMES TO SHOALHAVEN  
HEADS FOR ONE NIGHT  
ONLY ON SATURDAY  
NOVEMBER 15TH**

**FAMILY FRIENDLY  
ALL AGES SHOW**

**FRIDAY  
FRENZY**  
If not claimed in 10 draws 5 members  
present in the club will win

**\$1,000  
EACH**

**\$5,000  
MUST BE WON!  
from 7pm**

**October 24th  
November 21st  
December 19th**

**TOY RAFFLE**  
**SUNDAY 30<sup>TH</sup> NOVEMBER**  
**ON SALE 1PM**  
**DRAWN AT 3PM**

**BRING THE FAMILY TO  
THE GARDEN**



DRINK SPECIALS



WOODFIRED PIZZA



KID FRIENDLY

## RAFFLES!

every Tuesday, Thursday, Friday, Saturday & Sunday!





# SHOALHAVEN HEADS RSL SUB-BRANCH

In November, The Shoalhaven heads RSL Sub-Branch will be holding a Remembrance Day service at the Memorial Park commencing at 11am, everyone is welcome to attend. For further information contact Peter Young (0418751013)

### November Anniversaries

- November – AIF first convoy sails from Albany (1914)
- 10 November – Conscription introduced (1964)
- 11 November – Great War Armistice signed (1918)
- 11 November – Remembrance Day
- 11 November – Australian War Memorial opened, Canberra (1941)

### I was a Sailor once

I was once a sailor, in years to come when sailors are home from the sea, they will still remember with fondness and respect, the ocean in all its moods. The impossible, shimmering mirror calm and the storm-tossed green water surging over the bow. Then there will come again a faint whiff of funnel gas, a faint echo of engine and rudder orders, a vision of the bright bunting of signal flags snapping at the yardarm, a refrain of hearty laughter.

Gone ashore for good, they will grow wistful about their navy days, when the seas belonged to them and a new port of call was ever over the horizon, remembering this they will stand taller and say: I was once a

sailor, and number will never be the same again, their uniform (Kit) numbers 1's 2's 3's 4's 6's 8's 10's and 10A's, Punishment numbers 9's, 10 days stoppage, 7 days cells, and can someone explain why 2-6 is heavy.

I was a sailor once and I look back and realise it was not just a job; it was a way of life. A family where ship-mate became brothers and part of a team.

I was a sailor once and I still can't forget my Official Number.

When medical science receives my body, as they examine it, they will find a tattoo inside my brain with my official number and an anchor where my heart is.

I was a sailor once and I like the navy because, even as times change and the youth takes over from old seadogs some this never change.

The bitching is still the same, the old days were always harder, the recruits were always greener. Official numbers were always smaller, men were made of iron, and ships were made of steel. The cans of drink were always bigger.

I am too old for a ship's reunion; my ships have long since gone to the wrecker's yard, but I can imagine sitting back and observing that friendship and respect would still be as strong and binding as ever.

The stories would still be interesting, only the tale will get bigger.



Australian War Memorial opened

If we haven't been there, it doesn't exist, or we blew it off the map.

I was a sailor once, I was part of the Royal Australian Navy, and the Royal Australian Navy will always be a part of me.

Peter Young - President

## REMEMBRANCE DAY

**Tue 11 November 2025**

The RSL Sub-Branch will be holding a Ceremony at Memorial Park at 10:50am

The price of Liberty is Eternal Vigilance

## QUESTIONS OVER \$40 MILLION ROAD FUNDING

Federal Member for Gilmore Fiona Phillips has questioned why Shoalhaven City Council has yet to start work on a \$40 million federal package for road repairs across the region.

She said the funding was made available in 2022 and urged Council to explain the lack of visible progress.

"Ratepayers just want their roads fixed," Ms Phillips said.

Council has since confirmed that the planning and design phase is still under way, with construction expected to begin in 2026.

Councillor Selena Clancy said the Mayor has responded, outlining that the funds are committed and the preparatory work is progressing through normal processes.

Heads News

## FOOTPATH REPAIRS ESCALATED

The damaged section of footpath near River Rd Reserve has been escalated for repair after Councillor Selena Clancy raised it directly with Council's CEO.

Selena confirmed she supplied photos of the cracked and uneven surface and that work crews are expected to inspect the site soon.

Residents are hopeful the long-awaited fix will finally happen soon.

Heads News



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131 Jerry Bailey Road  
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Jason Stalgis  
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0403 648 375

Lilli Williams  
Sales  
0498 473 247

Nana Coburn  
Sales  
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Lorraine Shaw  
Property Manager  
02 4448 8344

**SHOALHAVEN HEADS** 4448 8344  
1/131 Shoalhaven Heads Road, Shoalhaven Heads  
**KIAMA** 4232 2888  
**GERRINGONG** 4234 1911





## RED CROSS MORNING TEA A SWEET SUCCESS

What a delight it was to have so many lovely customers at our October long weekend Morning Tea! Lots of delicious slices and cake to sample. Thank you to everyone who came along. We raised a lot of money which will help implement the vital Red Cross programs and to support those who find themselves in need during times of unprecedented disaster and loss.

Although our regular bi monthly meetings are usually at 1:30pm on the first Tuesday of the month, our November meeting will be on 11th which is the 2nd Tuesday, due to Melbourne Cup Day celebrations the previous week. It will be the last official meeting for the year.

Our December meeting will be our Christmas get together at Gerringong Bowling Club on 2nd December, meeting at the Community Centre at 11:30am for carpooling, for a 12 noon lunch. Please let Jenny know if you are interested in coming, for booking purposes, on 0418 100 151.

Watch out for our friendly ladies selling Christmas raffle tickets on Saturdays 6th and 13th December, from 9:30 – 11:30am, outside the Bottle Shop. Please come and say Hi! and of course, buy a raffle ticket. The raffle will be drawn at 11:30am on 13th December.

Pat Loveridge



## VIEW IN BLUE - CELEBRATING 65 YEARS



Lynne, Janice and Helen



Lorraine and Faye



Joan and Marilyn

Our October meeting was a celebration of our Club's 48th birthday as well as VIEW's 65th Blue Sapphire Anniversary. There was a definite touch of blue in the room with most members adding some blue to their attire for the evening.

The table decorations were absolutely beautiful – thanks to Pam for working her magic with these.

Two of our members Sue and Faye were presented with 10 year service pins and congratulated for their service to VIEW.

A pleasant meal was enjoyed by all with some great music supplied by Maria's "music machine", adding to the ambience of the evening.

VIEW (Voice, Interests and Education of Women) is proud to be the largest community sponsor of The Smith Family's Learning for Life program, which provides students with financial, educational and personal

support, which is crucial, particularly in the current economic climate. It is also the largest community sponsor of students on The Smith Family's Learning for Life program with our own club supporting 3 students through its fundraising activities.

We always welcome new friends to VIEW and hope you can join us at our next meeting on Monday 10th November 2025, 5:30 for 6pm at Shoalhaven Heads Bowling Club. At this meeting we will be joined by Annie Reid from "Ageing with Grace" who will share some interesting pointers with us in regard to addressing the needs of older people ensuring they never feel isolated or neglected.

We welcome visitors at any meeting. Please contact Sue on 0408 620 527 if you would like to come along.

Lorraine (President)

## DUNE-CARE THRIVING DESPITE THE HEAT

Shoalhaven Heads Dune-care volunteers are continuing their work earlier in the mornings to beat the warmer weather.

Councillor Selena Clancy said the group's efforts are paying off, with new fencing and silt netting now in

place to help protect the dunes.

The group welcomes new members — anyone interested can ask about upcoming sessions through local community channels.

Heads News



BLINDS



CURTAINS



SHUTTERS



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LOCAL COMMUNITY DIRECTORY

CLUB	CONTACT	PHONE	MEETINGS
Beer Appreciation	Mike Howard	4448 7833	TBA each month
Botanic Garden	Tom Korevaar	0429 012 796	Working Bee 8am every Monday at 9 Celia Parade
Bowlo Fishing Club	Scott Tyrrell	0447 782 800	Weigh-in last Sunday of each month
Bushido Judo Club	Darren	0409 920 711	Tue 5:30-7:30pm - Community Centre
Chamber of Commerce	Michelle Bishop	0419 152 233	Meetings TBA
Community Centre	Jenny Edwards	0418 100 151	Contact Jenny for hiring of the Community Centre
Community Forum	Robyn Flack		1st Wednesday of month at Bowlo at 7:00pm
Computer Club	Alan	0416 008 406	10:30am every Wed at the Bowling Club
Cricket	Ted Street	4464 1142	Season October to April
Fire Brigade	Stephanie Judge	0412 425 567	3rd Mon at 7pm Training - Sun 9am - 12 noon
Garden Lovers Group	Laurie Talbot	0428 441 667	2nd Thur of the month - 1:30pm at the Com Centre
Golf Club	Club House	4448 8683	Open 7 days a week
Handicraft Group	Marilyn McMahon	4448 7756	Wednesdays 9am to 11am at the Community Centre
Heads Fishing Club	Ion Lloyd	0424 705 520	2nd Sunday of the month BBQ & Weigh-In 1:00pm
Jerry Bailey Children's Centre	Staff	4448 7524	Open 8:00am till 6:00pm Mon - Fri
Lions Club	Rob Russell	0427 318 079	2nd Tue of the month 6-7pm at the Bowlo
Meals on Wheels	Deborah Getley Viv Jones	0402 855 332 0413 290 869	Meals cooked Wed & Fri and delivered Mondays
Men's Shed	Pat Duggan	0473 120 615	Mon, Tue, Wed 9:00am - 12 noon Celia Place
Pickleball	Christine Talbot	0419 465 995	Mon, Tues & Wed 7pm, Thur 9am, Sat 3pm
Playgroup	Shannon Opel	0484 098 388	Mon, 10:30-12 at the Bowlo (in school terms)
Probus Club	Maggie Pye	4448 5913	2nd Fri of the month 10:30am at the Bowlo
Public School	Office	4448 7174	Ravenscliffe Road, Shoalhaven Heads
Red Cross	Jenny Edwards	0418 100 151	1st Tue of odd months 1:30pm at the Com. Centre
RSL	Paul Bounds	4448 8284	1st Monday of month (4:00pm) at Bowling Club
Rugby Union	Greg Murphy	0411 255 060	Season April - September

CLUB	CONTACT	PHONE	MEETINGS
Soccer - Registrar	Chris Firth	0411 524 747	rego@shbfc.com.au Season: April - September
Social Golf - Bowlo	Bowling Club	02 4448 7154	Golf Club
Social Hub	Amanda Hunt	0414 916 820	Mon 10-12 at Com Centre (during school terms)
Surf Club	Karl Poulton	0401 824 335	Patrol Sep to Apr Nippers Oct to Apr
Tennis	Christine Talbot	0419 465 995	Mon & Wed 9am, Tues 7pm
VIEW Club	Sue	0408 620 527	2nd Monday of month at Bowling Club at 11:30am
Women's Social Bowls	Rose Denholm	0499 057 462	Meetings - Every Tuesday @ 10am at Bowling Club
Yoga	Tania	4448 7833	Mon & Wed 5:30-6:30pm Community Centre

JUSTICES OF THE PEACE

Carol Orr	0418 276 808
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If any of the above information is out of date or incorrect, please contact tania@headsnews.com.au with the correct information.  
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TIDES River tide is lower & approx 1 hr behind (when mouth is closed) the ocean tides shown. General info only - not for navigation.

Sat 1 Nov	L 17:47 0.14m	H 06:38 1.43m	H 23:30 1.16m
H 05:34 1.26m	H 23:48 1.26m	L 12:49 0.57m	Mon 24 Nov
L 11:11 0.63m	Sun 9 Nov	H 18:41 1.33m	L 04:42 0.62m
H 17:26 1.51m	L 05:12 0.51m	Mon 17 Nov	H 11:19 1.67m
Sun 2 Nov	H 11:47 1.89m	L 00:47 0.45m	L 18:17 0.41m
L 00:03 0.33m	L 18:48 0.21m	H 07:16 1.51m	Tue 25 Nov
H 06:19 1.39m	Mon 10 Nov	L 13:37 0.51m	H 00:14 1.13m
L 12:11 0.52m	H 00:52 1.20m	H 19:25 1.30m	L 05:24 0.66m
H 18:19 1.55m	L 06:09 0.59m	Tue 18 Nov	H 12:01 1.62m
Mon 3 Nov	H 12:43 1.80m	L 01:19 0.46m	L 19:02 0.43m
L 00:45 0.28m	L 19:52 0.28m	H 07:50 1.59m	Wed 26 Nov
H 07:02 1.54m	Tue 11 Nov	L 14:19 0.46m	H 01:03 1.12m
L 13:07 0.40m	H 02:00 1.16m	H 20:06 1.28m	L 06:12 0.69m
H 19:11 1.57m	L 07:12 0.65m	Wed 19 Nov	H 12:46 1.57m
Tue 4 Nov	H 13:44 1.68m	L 01:49 0.48m	L 19:52 0.45m
L 01:25 0.25m	L 20:57 0.34m	H 08:23 1.64m	Thu 27 Nov
H 07:45 1.69m	Wed 12 Nov	L 14:59 0.41m	H 01:58 1.13m
L 14:02 0.28m	H 03:09 1.16m	H 20:47 1.26m	L 07:08 0.71m
H 20:03 1.55m	L 08:23 0.69m	Thu 20 Nov	H 13:36 1.52m
Wed 5 Nov	H 14:49 1.57m	L 02:21 0.50m	L 20:44 0.44m
L 02:06 0.25m	L 21:57 0.39m	H 08:56 1.69m	Fri 28 Nov
H 08:29 1.82m	Thu 13 Nov	L 15:37 0.38m	H 02:57 1.17m
L 14:56 0.19m	H 04:14 1.20m	H 21:27 1.24m	L 08:13 0.72m
H 20:57 1.50m	L 09:37 0.70m	Fri 21 Nov	H 14:33 1.48m
Thu 6 Nov	H 15:56 1.48m	L 02:53 0.53m	L 21:35 0.42m
L 02:48 0.29m	L 22:49 0.42m	H 09:30 1.71m	Sat 29 Nov
H 09:15 1.91m	Fri 14 Nov	L 16:15 0.36m	H 03:55 1.24m
L 15:51 0.13m	H 05:09 1.27m	H 22:07 1.21m	L 09:25 0.70m
H 21:52 1.43m	L 10:49 0.68m	Sat 22 Nov	H 15:37 1.45m
Fri 7 Nov	H 16:59 1.41m	L 03:27 0.56m	L 22:25 0.39m
L 03:33 0.35m	L 23:34 0.44m	H 10:04 1.71m	Sun 30 Nov
H 10:02 1.96m	Sat 15 Nov	L 16:53 0.36m	H 04:49 1.36m
L 16:47 0.12m	H 05:57 1.35m	H 22:47 1.19m	L 10:39 0.64m
H 22:49 1.35m	L 11:54 0.63m	Sun 23 Nov	H 16:43 1.43m
Sat 8 Nov	H 17:53 1.37m	L 04:03 0.59m	L 23:12 0.36m
L 04:20 0.42m	Sun 16 Nov	H 10:41 1.70m	
H 10:53 1.95m	L 00:13 0.44m	L 17:33 0.38m	





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## BUSHCARE - VOLUNTEERS DIG IN

During October, Coolangatta Mountain Group have been busy clearing Lantana, Tobacco, Senna and Moth Vine and had a successful working bee on Sunday 19th October with 29 volunteers weeding on the western side of the mountain followed by a walk and talk, about the cultural significance of Cullunghutti. Lunch was enjoyed on the mountain.



River Rd Group continued to weed above the rock wall and have approached SCC for assistance. Shoalhaven Heads Group have been clearing Lantana, Senna and Asparagus Fern south of the Water Treatment Plant and did a regrowth run on the northern side. Thanks to Ed and Ron for treating the mother of millions on the sand spit and the regrowth in Gerroa Rd.

Golfers Group has been busy restocking the nursery, removing lantana regrowth at the northern end of the course and trimming wind damaged trees..

Do not dump garden rubbish and lawn clippings in

bushland as it is hard to remove once it regenerates. Ticks, snakes and leeches are active and shore birds are nesting, take care going into the bush.

Golfers Group meet on Mondays at 7.00am in SHGC car park and the Heads Group meet every Tuesday at 7.30am at various sites. If you are interested in helping with this rewarding experience please contact the coordinators. Heads Group and Golfers Group; Noel 0428400790, River Rd Group; John 0405217509, Mt Coolangatta Group; Jess 0432173862

Noel Schneider

## THE SHED SPARKS CREATIVITY & CONNECTION IN THE HEADS

Shoalhaven Heads' beloved community hub, The Shed, is buzzing with fresh energy and growing numbers. With over 40 active members and counting, this vibrant space continues to inspire locals through hands-on creativity, skill-sharing, and good old-fashioned mateship.



In recent weeks, The Shed has hosted three standout events aimed at welcoming new faces and celebrating artistic exploration. From whimsical Scrumbles—free-form knitting and crochet pieces—to Mosaics using simple crazy paving techniques, and Block Printing on tea towels, each session offered a joyful mix of learning and laughter.

"We're all about giving people a chance to try something new," says one member. "You don't need to be an expert—just curious."

Looking ahead, The Shed is planning more engaging workshops, including Wood Burning 25th Nov & 2nd Dec and additional Mosaic sessions. These events are designed to be inclusive, relaxed, and fun—perfect for anyone keen to get creative or simply connect with others.

Mark your calendars: a **Garage Sale is set for Sunday, 16th November**, featuring handcrafted fence paling Christmas trees, bric-a-brac, and other treasures. It's a great opportunity to support the Shed and pick up something unique for the festive season.

To keep the community in the loop, The Shed has embraced social media with flair. Their Facebook page and new Instagram account are now brimming with photos, updates, and behind-the-scenes glimpses of Shed life.

Whether you're a seasoned maker or just curious to see what's happening, The Shed welcomes you with open arms—and maybe a hot cuppa too. Come for the creativity, stay for the connection.

Johanne Champness



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# PROBUS - MARKS 30 YEARS

The past month surprised us all with a generous dose of sunshine, lifting spirits and encouraging our members to make the most of the upcoming season. As the holiday season approaches, there is a sense of anticipation in the air, with everyone looking forward to a busy calendar of events leading up to the festive Christmas celebrations.

Shoalhaven Heads Combined Probus celebrated 30 years last month with our President Linda Steyne accepting a Certificate of Congratulations to mark the special occasion.

Our Welfare officer made a surprise visit last month to Norm Adams, one of our retired Probians who was celebrating becoming 99 years young and informed us he is doing well and enjoying life at Osborne House.

We were fortunate to welcome Darren Dostal from Manildra – Environment & Sustainability, as our recent guest speaker. Darren delivered an engaging and insightful presentation that captivated the attention of all our members, sparking meaningful discussions and leaving us all better informed about environmental issues and sustainability practices of the largest employer in the region. Darren also provided a lengthy discussion on the use for each and every Bi-Product, from fermentation waste to their ‘Cool Soil Initiative’ supporting farms in future proofing their businesses, with 100% zero waste.

With only a couple of weeks remaining until our trip to Yarrowonga, excitement is building as members are

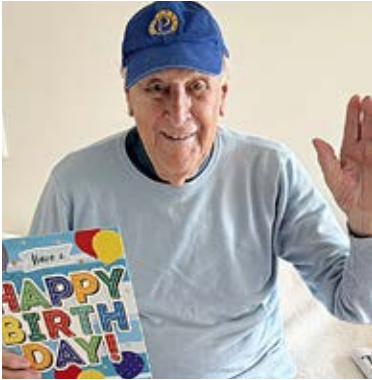
preparing to dust off their glad rags ready to enjoy their annual getaway and looking forward to the tours and activities that have been planned for the occasion.

Our WAGS group enjoyed their usual drop in October amongst good company and lively conversation and are looking forward to their next gathering this month where the tally is getting closer for the winner to be announced for the most accurate wine guesses of the year.

As usual, our Gourmet Wanderers didn’t disappoint as they took advantage of the fantastic weather and day-tripped to the beautiful Huskisson area for an energetic walk followed by lunch at the Husky Sports Club for yummy Chinese.

The next Probus meeting will be held on Friday 14th November. Meetings are held on the second Friday of each month at the Heads Bowling Club, commencing at 10:30am. New members are always welcome, if you are interested in attending one of our informal gatherings as a guest or would like further details, please reach out to our President Linda Steyne on 0413 018 440.

Kerry Kells - Publicity Officer



Norm Adams at 99

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## ARE YOU READY TO LIGHT UP THE HEADS?

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So dust off the fairy lights, polish your reindeer, and get ready to dazzle the village. Whether you go all out with a front-yard wonderland or add a cheeky Aussie twist with kangaroos or dolphins, it’s all part of the fun.

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## TOO EASY APPLE CAKE

Not everything totally delicious or time consuming as this easy apple cake shows.

It cooks up into delicious and moist accompaniments to a cup of tea and if you add the splash of brandy or rum, you can also pretend to a modicum of sophistication.

But really this is all too simple. Put all the ingredients into a bowl, pour into the tin and cook.

That's all there is to it. Enjoy.

### Fennel roasted chicken

#### Ingredients

- 130g unsalted butter softened and cut into pieces, plus extra for greasing
- 3-4 cooking apples peeled, cored and cut into quarters
- 3 eggs
- 150g caster sugar
- 30 g brandy (optional)
- 200g plain flour
- 1 tbsp baking powder
- 1 pinch salt
- icing sugar for dusting (optional)

#### Method

Preheat oven to 180°C. Grease a round cake tin (23 cm) and set aside.

With a sharp knife, make parallel incisions on the outside of each apple quarter, cutting down but taking care not to cut completely through. Set apple quarters aside.

Place butter, eggs, caster sugar, brandy (optional), plain flour, baking powder and salt into bowl or beat thoroughly until smooth. Pour mixture into cake tin and spread evenly with spatula. Place reserved apple



quarters on top, one next to the other, with incisions facing up.

Bake for 30-40 minutes at 180°C or until a wooden skewer inserted into the centre of the cake comes out clean. Allow cake to cool in tin for approx. 10 minutes before transferring onto a serving plate. Dust top of cake with icing sugar to serve (optional).

Granny Smith or golden delicious varieties work well in this recipe. Leave the apples unpeeled if desired.

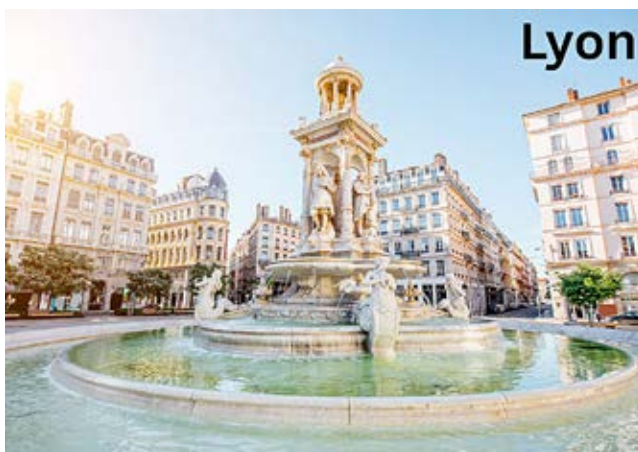
You can use a smaller tin: increase the baking time and reduce the number of apples.

Pears prepared in a similar fashion to apples work well. Stone fruit is also delicious. Cut in half and remove stones. The main thing is to have enough fruit to distribute evenly over the top of the cake.

Use rum instead of brandy if you like.

Uncle Tim

## LUXURY TRAVEL ON A BUDGET: AFFORDABLE HIGH-END ESCAPES



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include fine dining, entertainment, and even excursions, effectively turning a floating resort into one easy package.

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Monica Godfrey

## LOOK AT ME

Walking along the beach during the recent holidays, my wife commented how good it was seeing so many dads out with their children enjoying shared experiences. Children often get pleasure knowing their parents are watching. It can give them a great sense of security. ‘Dad, look at me’, is a phrase you often hear. This experience does not necessarily diminish with age. Both David Beckham and Gary Neville, two former professional English footballers, admit the first thing they did upon entering the arena for a major European final back in 1999, was look up to the crowd and spot

their parents who were watching. They couldn't feel ready to play without knowing they were there. Not all of us have a father on earth casting a watchful presence over us. But it is the promise all Christians have regarding God, their Father in Heaven. Jesus' death on the cross secures for believers a right relationship with God as their Heavenly Father, meaning whatever trials they face here on earth, they can look to the heavens and know their loving Father is watching, casting an eternally secure presence over their lives.

Craig Langstaff, Rector. St Peter's Anglican Church

### CHURCH SERVICES

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## WILDLIFE MATTERS - DIVE, DIVE, DIVE!

The Australasian Diving Gannet is one most unique birds found over the oceans of Australia.

These coastal birds are divers and plunge into the ocean at high speeds from a height of up to 20 metres. Although gannets usually fly solo at sea, others will join in when they see diving occurring.

Their preferred diet is pilchards, squid, anchovies and schools of fish. Yet, pilchards are the preferred meal providing essential nutrients and fats to support their energy requirements.

Returning to their nests, they feed their solo, annual chick some regurgitated fish. When the babies are fully grown, they will outweigh their parents. They act territorially around their breeding and roosting grounds.

An adult gannet is about 91 cm long and will weigh 2.3 kg. They have white and black feathers and striking yellow plumage on their head and neck.

Gannets are mostly silent over the oceans, yet boisterous around their colony. They announce their arrival and threaten predators.



Gannet pairs are monogamous and have long term bonds remaining together over several seasons until the death of one of them.

Gannets are not an endangered species and their population is large. However, the biggest threat to them is commercial fishing which impacts on their food supply. Climate change has also been noted as having an impact on their breeding cycles and the number of single birds.

If you find any injured wildlife, please call your local rescue group by using the IFAW APP on your phone.

Karen Devine

## BOTANIC GARDENS A BUZZ ABOUT THE MISSING BEES

Hello gardeners and nature lovers, have you noticed an (eerie?) quiet in the garden lately? The absence of European Honey Bees! Since Varroa mite was inadvertently introduced into Australia hives across New South Wales have been decimated. While we need honeybees for our fruit trees and some vegetables, there are many native pollinators. I'm no expert so I won't go into too much detail, but there are insects like hoverflies (who look deceptively like wasps), wasps, flies, and of course, native bees, all visiting flowers, spreading pollen and collecting nectar.

CSIRO estimates there are over 2,000 types of native bees in Australia. In the Botanic Garden we have two hives of *Tetragonula carbonaria*, which seem to be thriving on all the lovely plants in flower. Competition from honeybees has also declined. They also produce honey but, as Nowra is as far south as they can survive, we don't remove the honey. They store honey for the winter when they won't leave the hive until temperatures rise above 18 degrees.



One of our native bees. You can see by the sign, which is credit card sized, how small they are!

Next time you visit the Garden see how many different types of, sometimes tiny, insects you can spy!

Chris Lawrance



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# PUZZLES

## SUDOKU

There is only one rule for completing a sudoku:  
Numbers 1 to 9 must be in each column, row and 3x3 box

					6			
5				4	8			9
	1	7			2			
		9		5		4		
	4	1				2	5	
		8		4		1		
				9		5	6	
6				7	2			1
			8					

### KENKEN

Fill in the numbers from 1 to 6 in each row and column.  
The dark outlined areas are called cages. At the top left of each cage is a target number and operator. The numbers in a cage must produce the target number using the operator (+ plus, - minus, x multiply or / divide). Eg 6x in a 3 cell cage could be 1,2,3 (1x2x3=6)

13+		2-		15+	
	10+				120x
6			12+		
2-					
9+		144x		11+	
	6+				

### 9 LETTER CONUNDRUM

E	L	P
R	C	A
I	N	O

Make as many words 4 letters or more including the 9 letter word. No plurals ending in 's'. Each letter can only be used once and each word must use the centre letter. The dolphin on the front page is a clue.  
30 words: Good,  
53 words: Very Good,  
75 words: Excellent

#### October's Sudoku


6	7	8	4	3	2	9	1	5
1	4	2	5	9	7	6	3	8
3	5	9	6	1	8	4	2	7
9	3	6	7	5	4	1	8	2
7	1	4	8	2	3	5	6	9
8	2	5	1	6	9	7	4	3
2	6	1	3	7	5	8	9	4
5	8	3	9	4	6	2	7	1
4	9	7	2	8	1	3	5	6

#### October's KenKen

13+	6	2-	2	15+	1
	10+		1	5	6
6	4	2	12+	3	1
2-	4	2	3	1	5
9+	1	5	144x	6	4
3	6+	1	5	6	4

### October's Conundrum

ENCRYPTED, decrypt, encrypt, pretend, percent, centre, creepy, decent, tender, repent, recent, creed, creep, crepe, decry, trend, teeny, deter, enter, entry, erect, needy, preen, pence, peter, pert, cede, peer, peen, prey, pyre, need, reed, rend, rent, deny, dent, tend, deer, tern, tree, deep, trey, type, cent, pent



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## BOWLING CLUB

### Club Championships

After delays caused by foul weather and subsequent program classes, the Minor Pairs final was held on Friday night 17 October 2025. Congratulations to Michael (Doc) Davies and Paul Camilleri on winning the Minor Pairs Championship 2025/26.

Doc and Paul defeated Greg Flood and Wayne Clay by 24 to 5 shots. The score is not a reflection of the high standard of play. A large group of spectators where who enjoyed every delivery were entertained throughout the game.

The spectators awarded man-of-the-match to Paul Camilleri who consistently delivered spectacular shots. Paul represented our club in the South East Regional Rookie Pairs this season. Note that Rookies are players with less than two years of experience.

Doc, the up-and-coming star who won the Minor Singles championship in July, now has two club championship wins so far this season.



Michael (Doc) Davies and Paul Camilleri Minor Pairs Champions 2025/26



Gregory Flood and Wayne Clay Minor Pairs Runners-up 2025/26.

The Major Pairs Championship (at the time of writing) will be held next weekend, 25 and 26 October.

### Pennant

We have two sides in the Women's Single Gender Pennant this year. At the time of writing, the Blue Side is on top of the ladder with 26 points and two more rounds to play. They won all four of their games so far and are closely followed by Berry who are on 21 points.

### Tournaments

An inaugural women's tournament "Ladies Diamond 3-Bowls Triples" will be played on Monday 9 March 2026. There is \$3,000 prize money and the event will be live streamed on YouTube.

Stephen Franklin

## HEADS FISHING CLUB - GONE FISHING DAY

On Sunday, The 12th October 2025 we celebrated an unforgettable Gone Fishing Day and our October weigh-in at Carters Corner off River Road, where the DPI's Fisheries Department generously provided fishing rods, reels, and show bags for our young members. Every child received a rod, reel, and show bag valued at \$69.99 - an incredible gift! The event drew over 80 people, with 24 members participating in the weigh-in and showcasing impressive catches of Snapper and Flathead. One of our sub-junior members caught a remarkable Snapper, Check out the attached photo of Logan Cronin's impressive catch. While the wind posed a challenge in the afternoon, many opted to fish on Saturday morning, and the deep-sea fishing crews had thrilling encounters with whales. We were thrilled to see whales swimming alongside, just one metre away and also beneath the boat. It was exciting to see these massive creatures up so close. One of our junior members, Marlin Beaven was so excited to receive his new fishing rod and reel he thought he would try it straight away and caught a nice Flathead in the river, which sparked excitement and cheers among the crowd. A huge thank you to Billy, Jenny, and Lynne for providing a fantastic meal, and thanks to all who helped with packing up at the end of the day. Cheers to an incredible day!

### Winners on the day are as follows:

Sub Jnr Girls Estuary: Audrey Billington  
Sub Jnr Boys Estuary: Archie Billington  
Sub Jnr Boys Deep Sea: Logan Cronin  
Junior Girls: Beach/ Rock: Bonnie Zealand  
Junior Girls Estuary: Bonnie Zealand  
Junior Boys Deep Sea: Loui Smith  
Junior Boys Estuary: Jarrah Bell  
Ladies Estuary: Deni Thompson  
Ladies Beach: Jess Zealand



Marlin Beaven who caught a Flathead in the river



Logan Cronin with his big snapper



Everyone who received a Rod and Reel from the Fisheries

Ladies Deep Sea: Matilda Strode  
Men's Deep Sea: Greg Gay  
Men's Beach: Ben Wishart  
Men's Estuary: Colin Thompson  
Fish of month Luderick: Jeremy Bell.  
Next weigh-in is on the Sunday 9th November 2025 @ 1:00pm  
Fish of the month: Morwong  
Safe fishing everyone, Greg Gay

### HEADS COMPUTER CLUB

The Club meets 10:30am each Wed at the Bowlo. If interested, you can have the first 2 visits without joining. Genealogy Group is very popular for those interested in tracing their family history.  
For more information phone Alan on 0416 008 406



## GOLF NEWS - HEADS HOTEL SUMMER TEAMS COMP

In the first week of October the Heads Hotel Teams competition commenced. This is an annual event in its 14th year which the Club runs to encourage social golfers to come and have a game.

The competition runs in a team's format of 8 players per team. This format is a great social event which encourages those people who are not members to participate. There are many people who simply cannot afford the time to play 18 holes of golf for family or work reasons, so this event provides them with a socially competitive event which does not take up too much

time. Beginners and kids are encouraged to play which gives them an intermediate step between social golfer and club membership competition player.

The event runs for 18 weeks either side of the Christmas school holidays culminating in a grand final day where the whole competition gets together and plays on the same day.

The Club thanks the Heads Hotel as the event sponsors who have been great long term supporters of the event since 2012.

Rob Russell - President

## HEADS BOWLO FISHING CLUB

Well, the weather finally turned on a great weekend for our weigh in. We had 16 fishos compete this weekend with five juniors bringing fish in on the day. There were plenty of fish to be shared with the members and the committee put on a great meal of Roast Pork and coleslaw rolls with the option of Apple sauce and gravy, we had a great day with over 60 members rolling up for the day.

With the warm weather the fish were about with some great catches for the weekend, one of our new juniors, Saxon Lindsay brought in black fish @0.37 KG and Rob Duress presented a photo on the matt of 78cm dusky to take out the Men's Estuary.

Jason McDonald and Rudi Bochdal battled it out for the beach category and shared the spoils at the end of the day with Rudi having the heaviest fish and Jason the Heaviest catch. The reigning Club Champion took out the Men's Deep Sea this weekend, well done to Peter Stanton. Ian Cummings and Rob Macartney also had good weekends on the water with Rob Macartney even trying some land-based Estuary fishing and coming up with the goods.

The ladies' Estuary was taken out by Leone Macartney with Robin Fern and Leslie Histon also doing well on the river.

The November Invitational is coming up quickly, we are well into the planning for the day and expect a big rollup this year with Greenwell Point and the Heads teams confirmed for the weekend. This year we have plenty of entertainment planned for the kids as well. Watch the local paper and our Facebook page for updates.



### Weigh in Prize winners:

Men's Estuary – Rob Duress

Men's Deep Sea- Peter Stanton

Men's Beach – Jason McDonald

Junior Estuary- Ladies estuary: Leone Macartney

Junior Estuary- Saxon Lindsay

Junior Beach – Angus McVie

Weekly Fishing Club raffles are held every Saturday with ticket sales starting at 2:30pm and drawn at 3:30pm

The next weigh in will be on the Fishing Comp on Sunday, 23rd November, 2025. New members are always welcome.

Scott Tyrrell - President

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# SHOALHAVEN CANCER CARE GOLF DAY

On Friday 3rd October we held our annual Shoalhaven Cancer Care fundraising day. This was the 10th year of holding this event and it proved to be a fantastic success. Although the final figure we will be donating to the Centre is not yet finalized it will be at least \$30K.

Such a major event does not just happen and requires a great deal of planning prior to the day. In this regard I applaud the excellent work of Connie and Col Parrish who sought many of the event sponsors and the businesses that contributed to the raffle which was drawn on the day.

Regarding sponsors I must acknowledge the Country Motor Company who provided a fantastic Hyundai motor car as a hole in one prize on the 8th hole. Unfortunately, no one was successful in winning the vehicle. Thanks also to the many other sponsors who supported the event. There are far too many to mention individually.

Thanks also to the 24 members who volunteered on the day and who certainly ensured the day ran smoothly and was successful.

Pleasingly, we had a field of 118 golfers who partici-



Winners of the Cancer Care Golf day, Graeme and Johanna Todd-Wilson

pated in a two person Ambrose event with a shotgun start at 8am which was followed by a superb luncheon. Thanks to our kitchen staff who worked tirelessly in preparing the meal and the bar staff who went above and beyond on the day.

Winners on the day were Graeme and Johanna Todd-Wilson with a net score of 55.75. Runners up were Michael and Danny Troy with a net score of 58 and in third place was John and Paul Sainsbury with a net score of 58.25.

Rob Russell - President

## JUDO - SUPER PROUD OF OUR COMMUNITY AT THE TOP OF THEIR GAME!

Congratulations to all the members of Bushido Judo Club who have been learning and developing new skills to be graded to their next coloured belt. Students practiced exceptionally well for their grading and proved that practice certainly pays off. The standard was very high, which is a testament to the local coaches who volunteer their time and expertise, not to mention the willingness of the students to improve themselves personally.

Judo classes are held in a safe family friendly environment where learning new skills while having fun is our goal. Being one of, if not the most successful recreational judo club in Australia and being in the Shoalhaven community for 29 years proves Bushido Judo Club has the right ingredient. We are non-profit and community based providing support to our community in many ways.

Our coaching team are inspirational and super helpful, spear headed by Australian judo international representatives who are now coaches that believe and see



the value of a strong community-based judo club. It is our mission to provide a positive and supportive environment that gives members the opportunity to have new experiences. With students being virtually 50/50 male and female, we also have fantastic representation from junior and senior, 4 years to 85 years.

If you are interested at having a go, the first two lessons are free. If you like the sport and wish to join the cost is \$55.00 for 1 year from date of joining and \$5.00 per class.

Bushido Judo Club promotes Respect, Honesty, Friendship, Confidence and Community. We aim to have a good time while learning the Olympic sport of judo and I think that is the reason we are so successful, we all very much enjoy learning and playing judo. There is no hitting or kicking, judo is skill based improving balance and coordination. Feel free to contact Darren for more information. 0409 920 711.

Darren Fagan

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